

## West Side School

COLD SPRING HARBOR CENTRAL SCHOOL DISTRICT 1597 Laurel Hollow Road • Syosset, New York 11791

Kurt A. Simon, Principal

516.692.7900 Main Office

May 8, 2013

Dear Fifth Grade Parents:

On **Thursday, May 23<sup>rd</sup>** and **Friday, May 24<sup>th</sup>** your child will be participating in the **Growing-Up Unit** of **The Great Body Shop** health program with his or her grade.

The program focuses on physical, emotional and social maturation. For a topic such as this, it is critical that your child knows there are adults willing to discuss this material. While our instruction encourages your child to turn to you for further information regarding adolescence, he or she will be discussing some of the topics such as hygiene and good health, the reproductive system, and physical and emotional changes during puberty. Our in-school classes are a wonderful springboard for family conversation and allow your child to ask questions both anonymously and in front of his or her peers about the maturation process.

We will be holding an **optional informational meeting for parents** on **Thursday, May 16<sup>th</sup>** in the **Community Room** at **2:00 PM**. Fifth grade teacher representatives and our school nurse will be joining us to discuss the program. They will be prepared to share materials and answer questions.

Sincerely,

Fifth Grade Teachers Kurt Simon, Principal